



## 2010 Monthly Contributions/Premium Rates – Active

Cafeteria Contributions		
	Contribution	Opt-Out Amount
CEA, FFA, FMA, Key & Management, Prof Tech & League	\$1,154.00	\$1,049.00
LMA, PEA & PMA	\$1,079.00	\$974.00

Other Southern California Region – Orange, Riverside, San Diego, Fresno, Imperial Inyo, Kern, Kings, Madera, San Luis Obispo, Santa Barbara and Tulare Counties:

### PERS HMO Plans

Family Status	Kaiser HMO	Blue Shield HMO	Blue Shield Net Value HMO
Employee Only	\$454.99	\$485.29	\$420.59
Employee + 1	\$909.98	\$970.58	\$841.18
Employee + 2 or more	\$1,182.97	\$1,261.75	\$1,093.53

### PERS PPO Plans

Family Status	PERSChoice	PERS Select	PERSCare	PORAC
Employee Only	\$472.83	\$441.41	\$806.89	\$484.00
Employee + 1	\$945.66	\$882.82	\$1,613.78	\$906.00
Employee + 2 or more	\$1,229.36	\$1,147.67	\$2,097.91	\$1,151.00

### City Health Plans

Family Status	City Blue Cross HMO	City Blue Cross POS
Employee Only	\$497.07	\$624.95
Employee + 1	\$973.98	\$1,276.58
Employee + 2 or more	\$1,242.76	\$1,527.15

### Dental & Vision Plans

Family Status	SafeGuard HMO Dental	MetLife PPO VA0 Dental	SafeGuard PPO Vision
Employee Only	\$11.51	\$46.13	\$7.30
Employee + 1	\$20.72	\$93.87	\$14.28
Employee + 2 or more	\$31.18	\$137.98	\$20.39

## Los Angeles Area – Los Angeles, San Bernardino and Ventura Counties:

You may choose from one of the following plans if you reside in one of the Los Angeles Area counties AND wish to receive your medical services in the same county.

### PERS HMO Plans

Family Status	Kaiser HMO	Blue Shield HMO	Blue Shield Net Value HMO
Employee Only	\$413.17	\$424.69	\$368.06
Employee + 1	\$826.34	\$849.38	\$736.12
Employee + 2 or more	\$1,074.24	\$1,104.19	\$956.96

### PERS PPO Plans

Family Status	PERSChoice	PERS Select	PERSCare	PORAC
Employee Only	\$452.41	\$422.35	\$772.05	\$484.00
Employee + 1	\$904.82	\$844.70	\$1,544.10	\$906.00
Employee + 2 or more	\$1,176.27	\$1,098.11	\$2,007.33	\$1,151.00